

Andrew McDonnell BSc, MSc, PhD.

Curriculum Vitae

Academic Qualifications

BSc (Hons) Psychology (1981-1984)
Plymouth Polytechnic. First Class Honours

MSc Clinical Psychology (1986-1988)
School of Psychology
University of Birmingham

PhD (2005) The
School of Psychology
University of Birmingham

Employment

2008	Honorary Research Fellow, Department of Nursing and Midwifery, University of Stirling
2003 – present	Director of Studio3 Training Systems, and Clinical Psychologist Gheel Autism Services, Dublin
2000 - 2003	Manager: Community Challenging Behaviour Service, North Birmingham Community NHS Trust, UK
2000 – present	Director Studio III Clinical Services
1998 – 2003	Member of BILD Physical Interventions Steering Committee with the remit of producing the BILD Code of Practice for Trainers in the use of Physical Interventions; and the BILD Accreditation Scheme for Trainers in the use of Physical Interventions
1992 - Present	Director: Studio III Training Systems
1997 - 1999	Clinical Psychologist: South Birmingham Community Challenging Behaviour Service. (Part Time)
1993 - 1997	Clinical Psychologist: South Birmingham NHS Trust. (Part Time)
1988 - 1993	Clinical Psychologist: South Warwickshire NHS Trust: (Part Time)

1988 - 1993

Lecturer in Clinical Psychology, School of Psychology,
University of Birmingham.

Publications

Samson, D.M., and McDonnell, A.A. (1990). Functional analysis and challenging behaviours. *Behavioural Psychotherapy*, 18, 259-271.

McDonnell, A.A., Dearden, R.L. and Richens, A. (1991a). Staff training in the management of violence and aggression: 1. Setting up a training system. *Mental Handicap*, 19, 73-76.

McDonnell, A.A., Dearden, R.L. and Richens, A. (1991b). Staff training in the management of violence and aggression: 2. Avoidance and escape principles. *Mental Handicap*, 19, 109-112.

McDonnell, A.A., Dearden, R.L. and Richens, A. (1991c). Staff training in the management of violence and aggression: 3. Physical restraint procedures. *Mental Handicap*, 19, 151-154.

McDonnell, A.A., Sturmey, P. and Dearden, R. (1993) The acceptability of physical restraint procedures. *Behavioural and Cognitive Psychotherapy* 21, 255-264.

McDonnell, A.A and Reeves, S. (1996). The adoption of a non seclusion policy on a locked ward for people with a learning disability. *Nursing Times*, 92, 43-44.

McDonnell, A.A. (1997). Training care staff to manage challenging behaviours: An evaluation of a three day training course. *British Journal of Developmental Disabilities*. 43, 156-162.

McDonnell, A.A., Cleary, A., Reeves., Hardman, J and King, S. (1997). What is a non aversive approach ? A bit of gentle preaching. *Clinical Psychology Forum*, no 106, 4-7.

McDonnell, A.A., (1998). The physical restraint minefield: A professional's guide. *The British Journal of Therapy and Rehabilitation*, 3, 45-48

McDonnell, A.A., Reeves, S., Johnson, A. and Lane, A. (1998). Managing challenging behaviours in an adult with learning disabilities: The use of a low arousal approach. *Cognitive and Behavioural Psychotherapy*. 26, 163-171.

McDonnell, A.A. (1999). Defusing violent situations: Low arousal approaches. *British Journal of Therapy and Rehabilitation*, 6 71-74.

McDonnell, A.A. and Jones, P. (1999). The role of clinical psychology in the physical management of challenging behaviour. *Clinical Psychology Forum*, 20-23.

McDonnell, A.A., and Sturmey, P. (2000). The social validation of three physical restraint procedures: A comparison of young people and professional groups. *Research in Developmental Disabilities, 21*, 85 – 92.

Shinnick, A & McDonnell, A.A. (2003). Training family members in behaviour management methods. *Learning Disability Practice 6, (2)*, 16-20.

Dagnan, D., Grant, F and McDonnell, A.A. (2004). Understanding challenging behaviours in older people the development of the controllability beliefs scale. *Behavioural and Cognitive Psychotherapy, 32*, 501-506.

McDonnell, A.A. (2007). Why I am in favour of the Millfields Charter. *Learning Disability Practice, 10, (3)*, 26-29.

Deveau, R and McDonnell, A.A. (*In Press*). As the last resort: Reducing the use of restrictive physical interventions using an organisational approach. (*The British Journal of Learning Disabilities*)

McDonnell, A.A., Sturmey, P.S., Oliver, C., Cunningham, J., Hayes, S., Galvin, M., Walshe, C & Cunningham, C. (*In Press*). The effects of staff training on staff confidence and challenging behavior in services for people with autism spectrum disorders. *Research in Autistic Spectrum Disorders*.

Book Chapters and Other Relevant Publications

McDonnell, A.A. and Sturmey, P. (1993) Managing violent and aggressive behaviour: towards better practice. In R.S.P. Jones & C.B. Eayrs (Eds) *Challenging behaviour and intellectual disability: A psychological perspective*, Avon: Bild.

McDonnell, A.A., McEvoy, J. and Dearden, R. (1994) Coping with violent situations in the caring environment. In T. Wykes (Ed) *Violence and healthcare professionals*, London: Chapman Hall.

McDonnell, A.A. and Hardman, J. (1995)
Challenging Behaviour and Autism. *Distance Learning Publication University of Birmingham, School of Education*.

McDonnell, A.A. Waters, T. and Jones D. (2002). Low arousal approaches in the management of challenging behaviours. In D. Allen (Ed) *Ethical approaches to physical interventions: Responding to Challenging behaviours in people with Intellectual Disabilities*. Plymouth: BILD, pp. 104 – 113.

McDonnell, A.A., Gallon, I. (2006) Issues and concerns about control and restraint training. In Ward, M and Cutcliffe, J *Key debates in psychiatric nursing*, Wiley: New York.

Manuscripts under review

McDonnell, A.A., Mills, R & Jones N. (2008). The role of physiological arousal in the management of challenging behaviours in individuals with autistic spectrum disorders. (Manuscript submitted to *Autism*).

McDonnell, A.A ., Sturmey, P.S., Gould, A and Butt, S. Staff training in physical interventions: A review of the literature. (Submitted to *Clinical Psychology Review*).

Merrett, B., McDonnell, A.A., Jones, D (2008). Reducing physical intervention usage in service for adults with intellectual disabilities and challenging behaviour. (Submitted to *Journal of Applied Research in Intellectual Disabilities*).

O'Dwyer, J., McDonnell, A.A., Kiernan, A., Sturmey, P.S and McGrane (2008). The effects of staff feedback in staff implementation of person centred planning in an adult service for people with Autistic Spectrum Disorders. (Submitted to *American Journal of Intellectual Disabilities*).

Manuscripts in Preparation

Brewerton, E., McDonnell and Sturmey, P.S. (2008). Audit of physical interventions in a service for people with Autistic Spectrum Disorders. (Submitted to the *Journal of Applied Research in Intellectual Disabilities*).

McDonnell, A.A., McGrane, D, Galvin, M and Byrne, P (2008). An audit of behaviour management practices in an adult autism service.

McDonnell, A.A., Macharia, W., Hallam, K and McCreadie, M. (2008). Restraint related deaths in people with ASD.

Books

McDonnell, A.A and Sturmey, P.S. *Managing Aggressive Behaviour in Care Settings: Understanding and applying Low Arousal Approaches*. Elsevier Publications (Due June 2008).

Unpublished Manuscripts

Bromley, J, McDonnell, A.A., Cornick, M, Platt, A., Lishman, E and McCauley, L. (2005) An investigation of the use of physical interventions in a setting for children with autistic spectrum disorders.

McCauley, L., Platt, A., McDonnell, A.A and Cornick (2005). An evaluation of the impact of Omega 3 fish oil on aggressive behaviour, concentration span and cooperation of children with Autistic Spectrum Disorder.

Conferences and Symposia

1993 - 2004

Presented at over 10 international scientific conferences and symposia both in Europe and the US.

2006-2007

McDonnell, A.A. Outcomes of a 4 year audit of physical interventions use in an adult autism service paper presented at the British Institute of Learning Disabilities annual behaviour support conference Blackpool, May 2007.

McDonnell, A.A. Physical interventions as a last resort? Moving from Rhetoric to reality. from rhetoric to reality in ASD settings. Good Autism Practice Conference, Belfast June 2007.

McDonnell, A.A Staff training in physical interventions: A review of the literature. European Conference on Violence in Psychiatry, Amsterdam October 2007

McDonnell, A.A. Does over training lead to over use of physical interventions? 5th European Conference on Violence in psychiatry, Amsterdam October 2007

McDonnell, A.A. Complex Practice Issues in SIB. Studio 3 sponsored conference 'The paradox of Self Harm'. Birmingham July 2007.

McDonnell, A.A. The use of low arousal approaches to manage challenging behaviours in individuals with ASD: A conceptual framework. A World of Possibilities, 8th International Conference of Autism Europe, Oslo, September 2007.

May 2008